Parent(s)/Guardian(s),

Welcome to another fantastic year at Plumb Elementary! As we begin the new school year, we would like to introduce you to The 100 Mile Club®.

The 100 Mile Club® was started 24 years ago by Kara Lubin, a public school teacher in the Corona-Norco Unified School District in Southern California. 100 Mile Club® is now a non-profit organization whose sole mission is to provide to all individuals the opportunity to experience fitness and personal success by Accepting the Challenge of running (or walking) 100 miles at school during a single school year.

This year at Plumb, the 100 Mile Club will be open to kindergarten through 5th grade. Coach Young will be the Plumb 100 Mile Club coach. 100 Mile Club sessions will take place Monday, Tuesday, Thursday and Friday from 7:55-8:25am in the morning. Children who are interested in being a part of The 100 Mile Club should sign up with Coach Young. **There is no cost to participate**.

We have accepted the Challenge, and we are so excited! Starting September 12th, 2022, participants will go out to the covered court on the P.E field, stretch out, and earn some miles! The miles and love for running begin to build instantly! Through the journey toward 100 miles, your child will practice personal goal setting, team spirit, perseverance, poise, confidence, and honest self-evaluation. As your child reaches special MILEstones, we all celebrate together. When your child reaches 100 miles, he or she will receive a special certificate celebrating their total miles run.

If you have additional questions about the 100 Mile Club, please contact Coach Young at youngcha@pcsb.org. If your child is interested in signing up for the 100 Mile Club, please return the slip at the bottom of this page to school as soon as possible.

**\*\*\***If at any time there is inclement weather (rain, lightning, etc.) Mileage Club will be canceled. Please do not drop your student off at the East Walking Gate as there will not be a staff member there to allow them on campus when these conditions arise.

Thanks so much,

Young, Chad

Yes, my child would like to join the 100 Mile Club at (school).

Child’s name (first and last) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Phone number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_